

WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	SPICE IS NICE	SPICE IS NICE
MON	Chicken Tikka Masala 🍷 🌿 Served with Wholegrain Rice and Spiced Cauliflower	Catalan Spiced Bean and Potato Stew 🌿 🍷 Served with Herb Dumpling and Spiced Cauliflower
	BURGER BAR	BURGER BAR
TUE	Beef Burger with Potato Wedges & Sweetcorn	Quorn Dog with Potato Wedges & Sweetcorn
	CLASSICS	CLASSICS
WED	Roast Honey Glazed Ham with Roast Potato and Autumn Vegetables	Macaroni Cheese 🌿
	STREET	STREET
THUR	Chicken Katsu 🌿 Served with Wholegrain Rice	Korean Glazed Quorn Flatbread 🌿 Served with Satay Sweetcorn
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Goujon with Chips	Quorn Sausage Roll 🌿 Served with Chips, Baked Beans and Peas

HOT DISHES:

- Paninis
- Pasta and Sauces
- Freshly Baked Pizza
- Soup and Bread
- Jacket Potato and Toppings

SALADS:

- Tuna and Sweetcorn Pasta Salad 🍷
- Pesto Pasta Salad 🌿 🌿 🍷
- Chicken and Bacon Pasta Salad

SANDWICHES/BAGUETTES:

- Ham or Cheese Sandwich
- Chicken Salad Sandwich
- Ham and Cheese Baguette
- Tuna Mayo Baguette
- BLT Baguette

WRAPS:







- Pepper and Houmous Wrap 🌿 🌿 🍷
- Chicken Goujon Wrap
- Chicken Caesar Wrap 🌿 🍷

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*







GRAB & GO *options*

	CLASSICS	CLASSICS
MON	Sausage and Mash Served with Vegetables and Gravy	Vegetarian Sausage and Mash  Served with Vegetables and Gravy
	FEASTIVAL	FEASTIVAL
TUE	Chilli Beef Cheese Nachos  Served with Salad	Vegan Chilli Nachos served with Salad
	HOT DELI	HOT DELI
WED	Sage and Onion Chicken Rolled Flatbread Served with Roast Potatoes and Gravy	Roasted Rainbow Vegetables with Houmous   Served with Flatbread Fingers
	NOODLE BAR	NOODLE BAR
THUR	Chicken Yakisoba Served with Vegetables	Soya Yakisoba   Served with Vegetables
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Goujon with Chips	Quorn Sausage Roll with Chips and Beans

HOT DISHES:

- Paninis
- Pasta and Sauces
- Freshly Baked Pizza
- Soup and Bread
- Jacket Potato and Toppings




SALADS:

- Tuna and Sweetcorn Pasta Salad 
- Pesto Pasta Salad   
- Greek Salad  

SANDWICHES/BAGUETTES:

- Ham or Cheese Sandwich
- Chicken Salad Sandwich
- Ham and Cheese Baguette
- Tuna Mayo Baguette
- BLT Baguette

WRAPS:

- Chicken Goujon Wrap
- Pepper and Houmous Wrap   
- Chicken Ranch Wrap

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	STREET	STREET
MON	Buffalo Chicken Served with Baked Garlic and Herb Wedges, Mixed Salad and Ranch Dressing	Butterbean, Blackbean and Coconut Stew 🌱 🍷 🌿 Served with Wholegrain Rice and Mixed Salad
	PAN ASIAN	PAN ASIAN
TUE	Sweet and Sour Beef Meatballs 🌿 Served with Wholegrain Rice and Satay Sweetcorn	Teriyaki Vegetarian Wrap 🌱 🌿 🍷 Served with Satay Sweetcorn
	CLASSICS	CLASSICS
WED	Roast Pork with Potato and Vegetables	Roast Quorn
	ITALIAN	ITALIAN
THUR	Chille Con Carne with Rice and Vegetables	Vegetarian Chilli with Rice and Vegetables
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Goujon with Chips	Quorn Sausage Roll with Chips

- HOT DISHES:**
- Paninis
 - Pasta and Sauces
 - Freshly Baked Pizza
 - Soup and Bread
 - Jacket Potato and Toppings
- SALADS:**
- Tuna and Sweetcorn Pasta Salad 🍷
 - Pesto Pasta Salad 🌿 🌱 🍷
 - Chicken and Bacon Pasta Salad
- SANDWICHES/BAGUETTES:**
- Ham or Cheese Sandwich
 - Chicken Mayo Sandwich
 - Ham and Cheese Baguette
 - Tuna Mayo Baguette
 - BLT Baguette
- WRAPS:**
- Pepper and Houmous Wrap 🌱 🌿 🍷
 - Chicken Goujon Wrap
 - Chicken Caesar Wrap 🌿 🍷