



Good Afternoon,

Firstly, I want to introduce myself, my name is Jenny Fennessy and I will be the lead contact for Kooth covering Essex. So any questions you have about creating awareness and encouraging engagement with Kooth, please do not hesitate to contact me.

Secondly as schools across the country begin to contingency planning I wished to make contact to highlight the support [Kooth.com](https://www.kooth.com) is able to provide at this difficult time. There has great engagement by young people in Essex and we hope to maintain this.

Kooth will continue to provide free online mental health and wellbeing support to young people via any internet accessible device. Providing young people with an opportunity to interact in a supportive way with other young people as well as receive support from a qualified counsellor.

There is no threshold for students to access support through Kooth so the service may sit as part of a whole school approach to supporting mental health and wellbeing. In order to support you in promoting Kooth to your student body, parents and faculty at this time we have provided an email template below for distribution.

In the event of your school closing we would like to offer video conference sessions for teacher training on Kooth. Some schools have offered Kooth access to provide signposting to their school platform for students to access Kooth. If this is an option we would be happy to provide further information and online marketing material to support awareness of Kooth to all students.

As this situation evolves we shall be in touch to organise the teacher training sessions. Please let me know if you require further marketing material or have any questions.

Kind Regards

Jenny Fennessy