

# THIS WEEK'S

# Eats Week One



Everyday **faves!**

	Main Meal	Everyday faves!				
		Pasta	Pizza	Hot Snacks	Subs	Extra's
MON	<b>Indian</b> Chicken Korma and Rice or Vege Biryani with Sweetcorn	Herby Tomato Sauce or Beef Bolognese Sauce	Margherita or Hawaiian	Cheese Pizza Pocket Ham and Cheese Bagel	Chicken and Ham Melt	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
TUE	<b>Italian</b> Traditional Lasagne or Vege Ball Marinara Sub Roll with Garlic and Herb Wedges	Herby Tomato Sauce or Italian Chicken Sauce	Margherita or Bacon	Steak Pasty Ham and Cheese Bagel	Chicken Tikka Salad	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
WED	<b>British</b> Traditional Sausage and Mash or Quorn Sausage and Mash with peas	Herby Tomato Sauce or Beef Bolognese Sauce	Margherita or BBQ Chicken	Sausage Roll Ham and Cheese Bagel	Roast Meat	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
THUR	<b>Mexican</b> Chipotle Chicken Taco with Mexican Rice and Sweetcorn	Herby Tomato Sauce or Carbonara Sauce	Margherita or Hawaiian	Bacon Bap Ham and Cheese Bagel	Chicken and Ham Melt	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
FRI	<b>British</b> Southern Style Chicken Goujons with Chips	Herby Tomato Sauce	Margherita	Ham and Cheese Bagel		A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits

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Everyday **faves!**

	Main Meal	Everyday faves!				Extra's
		Pasta	Pizza	Hot Snacks	Subs	
MON	<b>American</b> Chicken Burger Or The Incredible Vegan Burger with Chipotle Wedges	Herby Tomato Sauce or Beef Bolognese Sauce	Margherita or Hawaiian	Cheese Pizza Pocket Ham and Cheese Bagel	Chicken and Ham Melt	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
TUE	<b>Indian</b> Chicken Tikka Masala or Vege Biryani <b>with</b> Sweetcorn	Herby Tomato Sauce or Italian Chicken Sauce	Margherita or Bacon	Steak Pasty Ham and Cheese Bagel	Chicken Tikka Salad	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
WED	<b>British</b> Traditional Sausage and Mash or Quorn Sausage and Mash with peas	Herby Tomato Sauce or Beef Bolognese Sauce	Margherita or BBQ Chicken	Sausage Roll Ham and Cheese Bagel	Roast Meat	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
THUR	<b>Chinese</b> Chicken Chow Mein with Stir Fried Veg	Herby Tomato Sauce or Carbonara Sauce	Margherita or Hawaiian	Bacon Bap Ham and Cheese Bagel	Chicken and Ham Melt	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
FRI	<b>British</b> Southern Style Chicken Goujons with Chips	Herby Tomato Sauce	Margherita	Ham and Cheese Bagel		A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits

# THIS WEEK'S Eats Week



Three

Everyday faves!

	Main Meal	Pasta	Pizza	Hot Snacks	Subs	Extra's
MON	<b>Mexican</b> Beef Burrito or Quorn Burrito with Sweetcorn	Herby Tomato Sauce or Beef Bolognese Sauce	Margherita or Hawaiian	Cheese Pizza Pocket Ham and Cheese Bagel	Chicken and Ham Melt	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
TUE	<b>Italian</b> Traditional Lasagne or Vege Ball Marinara Sub Roll with Garlic and Herb Wedges	Herby Tomato Sauce or Italian Chicken Sauce	Margherita or Bacon	Steak Pasty Ham and Cheese Bagel	Chicken Tikka Salad	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
WED	<b>British</b> Traditional Sausage and Mash or Quorn Sausage and Mash with peas	Herby Tomato Sauce or Beef Bolognese Sauce	Margherita or BBQ Chicken	Sausage Roll Ham and Cheese Bagel	Roast Meat	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
THUR	<b>Mexican</b> Chipotle Chicken Taco with Mexican Rice and Sweetcorn	Herby Tomato Sauce or Carbonara Sauce	Margherita or Hawaiian	Beef Burger Ham and Cheese Bagel	Chicken and Ham Melt	A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits
FRI	<b>British</b> Southern Style Chicken Goujons with Chips	Herby Tomato Sauce	Margherita	Ham and Cheese Bagel		A selection of cold sandwiches, baguettes, sweet waffles, traybakes and biscuits